

# ASSESSING THE MENTAL HEALTH STATUS OF OLDER ADULTS

*Assessment, Intervention, & Treatment*

- Psychological Assessment Tools
- Depression, Dementia, & Other Disorders
- Red Flags for Intervention
- Falls/Brain Injury
- Medication Issues

**EARN YOUR CONTINUING EDUCATION HOURS  
AT THIS PROGRAM!**

*"Seminar was very INFORMATIVE and INTERESTING! Excellent Information! Thank you for your time and sharing your devoted interests."*

Wanda Haubell, RN, Area Agency on Aging

Case Managers • Counselors • Nurses • Marriage & Family Therapists  
Social Workers • Nursing Home Administrators • Physical & Occupational  
Therapists • Psychologists • Speech-Language Pathologists

**SEPTEMBER 24, 2010 • FORT COLLINS, COLORADO**



**Register Early SAVE \$... Register with a colleague SAVE \$\$!†  
Register today at [www.health-ed.com](http://www.health-ed.com) | 800.839.4584**

Please pass this brochure along to your colleagues who would also benefit from this program.  
This brochure was printed using soy based ink on paper produced from sustainable forestry practices.

COJACSR10



Linking Knowledge, Practice and Values since 1994

P.O. Box 1075  
EAU CLAIRE, WI  
54702-1075



# Presented by **Leading Expert: James Cremins, PhD**

## ASSESSING *the* MENTAL HEALTH STATUS *of* OLDER ADULTS

*Assessment, Intervention, & Treatment*

**SEPTEMBER 24, 2010 • FORT COLLINS, COLORADO**



Linking Knowledge, Practice and Values since 1994

**Register today at [www.health-ed.com](http://www.health-ed.com) | 800.839.4584**

# Agenda

## ASSESSING THE MENTAL HEALTH STATUS OF OLDER ADULTS

- 7:30**     **Registration, Sign-In, & Course Materials**
- 8:00**     **Course begins** (am and pm breaks determined by Dr. Cremins.)
- Aging in America**  
**Cognitive Assessment (MMSE)**  
**Dementia vs. Alzheimers Disease**  
**Behavior Rating Scale (GBRS)**  
**Depression in Elders: Assessment & Treatment**
- 11:30**     **Lunch** (on your own)
- 12:30**     **Evaluating Suicide Risk**  
**Psychosis in Elders - Alternatives to Medication**  
**Psychopharmacology**  
**AIMS Testing**  
**Healthy Aging**
- 3:30**     **Evaluations, Adjournment, & Certificates**

# Learner Objectives

At the conclusion of this program, you will have the knowledge required to:

- List various tools used to assess mental status of the elderly.
- Describe treatment/intervention remedies for commonly encountered behavioral challenges.
- Discuss assessment and treatment of depression and dementia.
- Identify the issues surrounding drug use and the elderly.

### Comprehensive Program Manual Included with Your Registration!

Assessing the Mental Health Status of Older Adults, designed specifically for this program Dr. James Cremins, will be provided to each registrant at sign-in.

# Location

**SEPTEMBER 24, 2010**  
**FORT COLLINS, COLORADO**  
HILTON GARDEN INN FORT COLLINS  
2821 East Harmony Road | Fort Collins, CO 80528  
970-225-2900

For additional hotel information, including driving directions and parking, please contact hotel directly or go to this program's page at [www.health-ed.com](http://www.health-ed.com) for link to hotel website.

Learn how our  
**On-site Training** programs  
can **benefit you and your staff.**  
Email Sue at [srogge@health-ed.com](mailto:srogge@health-ed.com)  
**today!**

To find out how **you** can  
receive **CE credits** at a **reduced**  
**tuition rate**, please go to the  
**Reduced Tuition Coordinator** link  
at [www.health-ed.com](http://www.health-ed.com)!

[www.health-ed.com](http://www.health-ed.com) | 800-839-4584

## CONTINUING EDUCATION HOURS:

**Sponsor: HEALTH Education Network, LLC**

To receive verification of successful completion of the following credit hours, participants must sign-in, attend the entire program, and complete an evaluation. The certificate verifying attendance will be available at the end of the program day. **For continuing education inquiries, please go to this program's page at [www.health-ed.com](http://www.health-ed.com) or contact [ssell@health-ed.com](mailto:ssell@health-ed.com).**

**CERTIFIED CASE MANAGERS: 6.0 Hours.**

**CCMC** - This program has been approved by the Commission for Case Manager Certification. Approval number will be issued on the certificate of attendance.

**COUNSELORS AND MARRIAGE AND FAMILY THERAPISTS: 6.0 Hours.**

**NBCC** - HEALTH ED, (provider #5655), is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines.



**NURSES/NURSE PRACTITIONERS/NURSE SPECIALISTS: 6.0 Contact (60 minute) Hours.**

HEALTH ED is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



**NURSING HOME ADMINISTRATORS: 6.0 Hours.**

**NAB** - The National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) has approved the above named program for 6 continuing education clock hours for Nursing Home Administrators and Residential Care/Assisted Living Administrators. Please bring your license number.

**OCCUPATIONAL THERAPY PRACTITIONERS/OCCUPATIONAL THERAPY ASSISTANTS: 6.0 Hours.**

**AOTA** - .6 CEUs (6.0 Contact Hours). HEALTH ED is an Approved Provider of Continuing Education for occupational therapists and occupational therapy assistants by the American Occupational Therapy Association.



The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

**PHYSICAL THERAPISTS/PHYSICAL THERAPIST ASSISTANTS: 6.0 Hours.**

This program has been designed to meet the criteria for 6.0 hours of acceptable continuing education. Licensees are to determine the acceptability of the program based upon the rules of their licensing board.

**PSYCHOLOGISTS: 6.0 Hours.**

**APA** - HEALTH ED is approved by the American Psychological Association to sponsor continuing education for psychologists. HEALTH ED maintains responsibility for this program and its content. Full attendance is required. No partial credit will be offered for partial attendance.

**SOCIAL WORKERS: 6.0 Hours.**

**ASWB** - This organization (HEALTH ED, provider #1033) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) Approved Continuing Education Program (ACE). Approval Period: December 15, 2009 through December 15, 2012. HEALTH ED maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. Social workers will receive 6.0 continuing education (6.0 clinical) clock hours.



**SPEECH-LANGUAGE PATHOLOGISTS: 6.0 Hours.**



HEALTH ED is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**ASHA** - This course is offered for 0.6 ASHA CEUs (*Intermediate level, Professional area*).

**ASHA account number required for ASHA Registry.**

√**Others:** If your profession is not listed, please contact your board to determine how to receive credit. This program is designed to offer six contact hours. Many boards accept reciprocal approval via the organizations listed above.

**CANCELLATIONS/TRANSFERS**

To make registration changes, please email [smartin@health-ed.com](mailto:smartin@health-ed.com) prior to the program for transfers or credit coupons which can be applied toward a future program. A refund, minus a \$30 administrative fee, is available for cancellations received no later than seven (7) business days prior to the start of the program. **No refunds will be granted after that date.** Purchase orders are considered the same as a check or credit card and the same policy will apply. In the unlikely event HEALTH ED has to cancel or postpone a program for an unforeseen reason, you will be notified immediately to discuss options.

HEALTH Education Network, LLC | 304 Gray Street Suite 201 | Eau Claire, WI 54701

## Purpose

Older adults find that challenges to maintain mental and emotional health intensify as they face transitions and losses in later life. Treating the most common mental health issues of the elderly requires accurate assessment and effective intervention in a variety of settings, including nursing homes, hospitals, assisted living residences, or in the home where the client is supported by home health care and family caregivers. This basic-to-intermediate level course is designed to provide the practitioner with practical tools to effectively address assessment, intervention, and treatment requirements for the mental health needs of older adults. Specifically, the course focuses on the complex steps of assessment; especially, the examination of medical, psychological, environmental, and interpersonal variables; as well as appropriate interventions and treatment for the most common geriatric mental health problems.

## Presenter

**JAMES CREMINS, PhD**, earned his doctoral, masters, and undergraduate degrees from the University of Connecticut. In 1983, he was the recipient of a Post-Doctoral Fellowship at Harvard Medical School. For over ten years, he has practiced as a licensed psychologist specializing in geriatric services at the Professional Counseling Center in New Bedford, Massachusetts. He has also practiced at Arbour Counseling Services Outpatient Clinic and Olympus Healthcare Center in Massachusetts. Dr. Cremins' credentials also extend to administrative and teaching positions, where he has served as Program Director for the Brain Injury program at the Community Medical Center in Missoula, Montana; Associate Professor at Boston College; Adjunct Professor at Eckerd College in St. Petersburg, Florida; and Program Director of the Brain Injury, Chronic Pain, and Psychological Services unit at Mediplex Rehab in Bradenton, Florida.

As a leading expert, Dr. Cremins has presented over 130 lectures and provided professional training workshops nationwide on such topics as Alzheimer's dementia, drugs and the elderly, patient behavior changes, and drug treatment and behavior management for dementia. His professional publications include: *The Brain, the Perfect Machine*; *Brain Injury: The Silent Epidemic*; *Medication Use Among the Elderly – Is It a Problem?* and *Taxonomic Categories and Proactive Interference in Short Term Memory*.

*"GREAT ENTHUSIASM & KNOWLEDGE of subject matter! GREAT HANDS-ON EXAMPLES & VIDEOS pertinent to subject matter!"*

Callie Smith, SLP

*"I enjoyed Dr. Cremins. He has a good sense of humor as well as WORK ETHIC and KNOWLEDGE-BASE."*

Barbara Lindberg, OT

**FREE SHIPPING when PURCHASING this book with program registration!**



### **Caregivers Bible** by William Matteson, PhD

Caring for the infirm and elderly has always been a difficult and stressful task. But in today's world of increased case loads, cost cutting, managed care, and HMOs, the task has become even more demanding. This book will show you and your staff how to deliver total quality behavioral care in today's marketplace, while maintaining your own health and sanity. You will find proven techniques for professionals in: Home Health Care, Retirement Homes, Assisted Living Facilities, Board & Care Homes, Day Treatment Programs, Partial/Outpatient Psychiatric Programs, Skilled Nursing Facilities, and Geropsychiatric Hospitals.

## Program Planning Team

James Cremins, PhD • William Matteson, PhD • Lauren Zeefe, M.Ed., LPC, CT  
Jacqueline Pavelski, NHA • Steven Rubin, MD • Louise J. Armstrong, OTR  
Kay Gautsch, PT • Judith Nelson, PhD, LCSW • Linda Schreiber, MS, CCC-SLP  
Susan Fralick-Ball, PsyD, MSN

### HEALTH ED SATISFACTION GUARANTEE

If you are not satisfied with the program, call or write us and we will make it right!

Lois Postlewaite | Penny Graham | Sue Rogge

# ASSESSING THE MENTAL HEALTH STATUS OF OLDER ADULTS

COJCASR10

## How to Register:

**ON-LINE** health-ed.com (*secure website*)  
**PHONE** 800-839-4584 • 715-839-8055  
 8:00 am - 5:00 pm CT  
**FAX** 715-839-8680  
**MAIL** HEALTH ED  
 P.O. Box 1075  
 Eau Claire, WI 54702-1075  
**Federal Tax ID** 39-1779320

## Registration Policy:

A completed registration form, payment, or purchase order hard copy is required at time of registration for **each** attendee. Use only one registration form per person. Please copy this form for multiple registrations. **Pre-Registration** rates apply only to individuals and groups registering with payment in full before 12:00 noon CT the day before the program. **Groups must register at the same time.**

**ADA:** Contact us a minimum of 3 weeks prior to the program for accommodations.

**Receipt/Confirmation:** Register on-line at www.health-ed.com or email your request to smartin@health-ed.com.

**1 To expedite the processing of your registration, please complete form in its entirety.**

<b>REGISTER ME FOR</b>	<input type="checkbox"/> <b>SEPTEMBER 24, 2010 • FORT COLLINS, COLORADO</b>
--------------------------------	---

**2 Please print legibly.**

**VIP CODE** \_\_\_\_\_ (see address label)

My profession is:     SW                       MFT                       LPC                       CCM  
                                   OT                               OTA                       PT                         PTA  
                                   NHA                             Psychologist         Nurse                 SLP  
 Other \_\_\_\_\_ Position \_\_\_\_\_

Name \_\_\_\_\_  
(First) (Last)

Daytime Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Employer/Agency \_\_\_\_\_

Approving Manager Name/Title/Phone \_\_\_\_\_

### Address

My name and address appear on the mailing label.  
 **If yes**, please write mailing label address below in **Part 1**.  
 **If yes**, but address has changed, please complete **Part 1 & Part 2**.  
 **If no**, please complete **Part 2**.

**Part 1 (address from mailing label)**

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Part 2**

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**3 Tuition** *Fee includes program manual and refreshments.*

- †\$169** per person for a group of 2 or more **pre-registering** at the same time
  - †\$179** per person **pre-registering**
  - \$199** per person when registering **after** the pre-registration deadline
  - \$40 Caregivers Bible** - Order **NOW** with registration and receive **FREE SHIPPING!**  
(Product prices subject to change without notice. Product will be shipped to the address you list below.)
  - 5.5 %** tax applies only when purchasing product in Wisconsin
- \$ \_\_\_\_\_ **Total**

**Ship My Product To** *(please allow 10 business days for delivery)*

Address is same as above

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### 4 Payment Information

Purchase order hard copy enclosed P/O# \_\_\_\_\_

Check enclosed made payable to HEALTH ED Ck. No. \_\_\_\_\_ Amt. Paid \_\_\_\_\_

Visa  MC  DC  AE # \_\_\_\_\_ Exp. Date \_\_\_\_ / \_\_\_\_

Card Holder's Name \_\_\_\_\_ Card Security Code \_\_\_\_\_

Card Billing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Internal Use:  F                       P